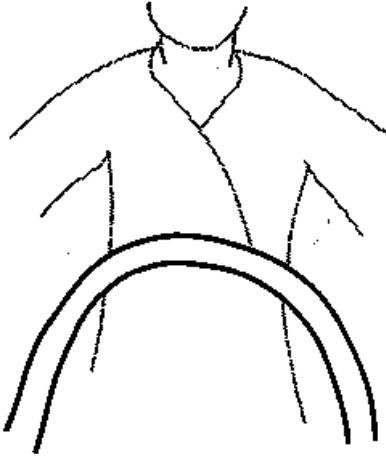
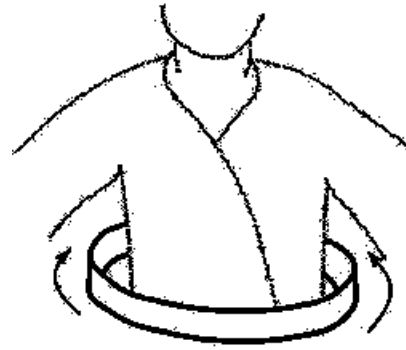


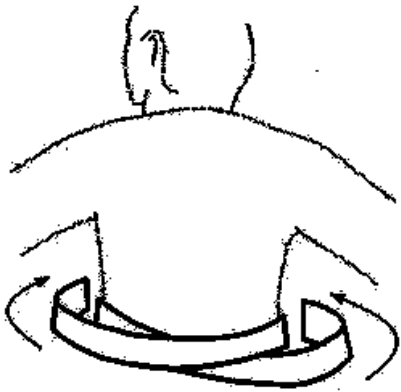
How to tie your belt



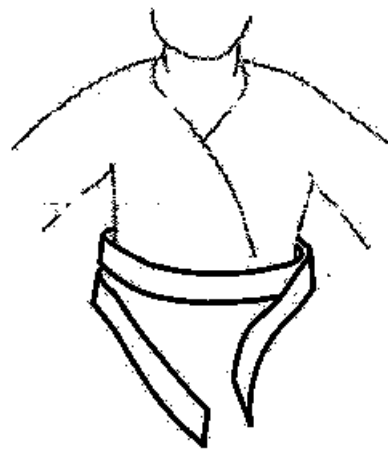
Hold belt in front of stomach.



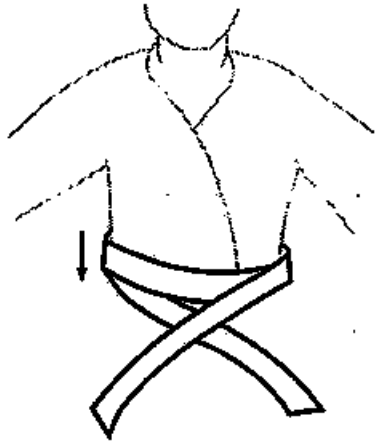
Even out the belt so there is an equal amount on each side. Pull the belt across your belly and to the back.



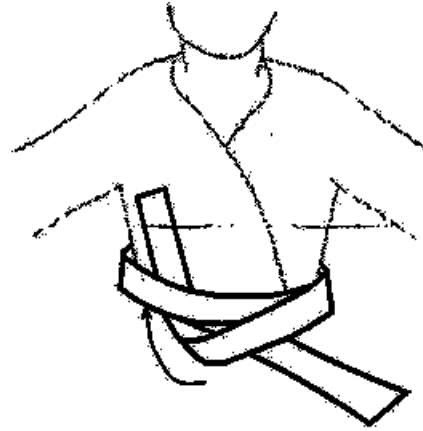
Take the belt on your left side and cross it over the belt on your right side.



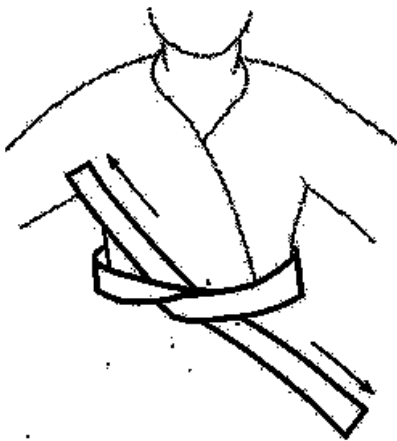
Pull both ends around to the front.



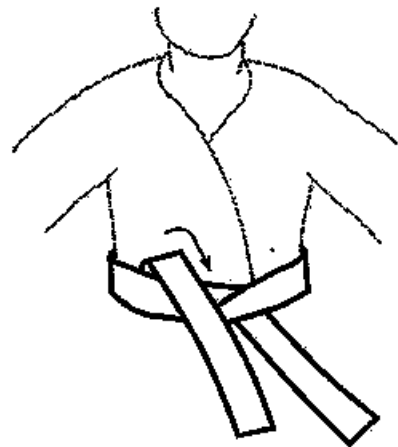
Bring both belts to the center of belly. Even the belt out all the way around. The belt should not be twisted or crisscrossed.



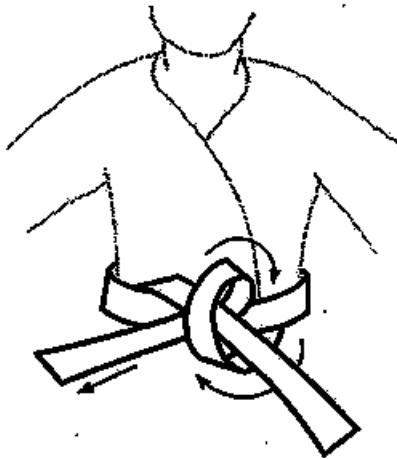
Take the left end and tuck it under the entire belt against your waist. Pull the end out the top with your right hand.



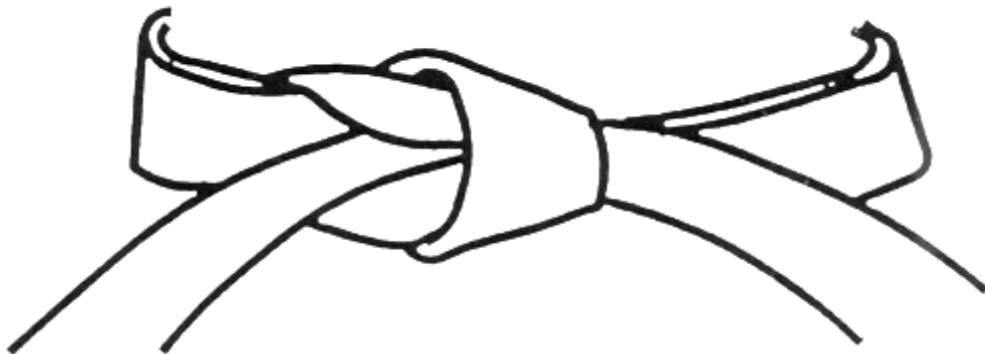
Pull snug, and adjust.



Take the top end of the belt (or the right side) and bend it over the left side.



Continue to pull the right side up and through to make the knot. Pull the knot tight making sure that both ends are the same length.



And when you are done, your final belt should look like this.